# Incretin Enhancer

Includes: Sitagliptin (Januvia)

## What they do:

- This medication helps the body to make more insulin
- This medication helps the body to use the insulin better

### How to take them:

- This medication is taken once a day
- It can be taken with or without food
- It is usually taken with other diabetes medications such as Metformin

### What to watch for:

- This medication does not show its effect on blood sugar right away. It will take at least 4
  weeks before you notice a change in your blood sugars
- You may develop a sore throat, headache, upset stomach, diarrhea, muscle aches or rash while taking this medication. If these side effects bother you or do not go away, contact your doctor.









# Reference: Compendium of Pharmaceutical Specialties 2009 published by the Canadian Pharmacists Association Ottawa, ON. 2010 - 2. These materials were developed by the Clinical Subcommittee of the Chronic Disease and Network and Access Program of the Prince Albert Grand Council and its partners and funded by Aboriginal Health Transition Fund. These materials will expire in 2013 when the Clinical Practice Guidelines for Diabetes Prevention and Management in Canada are updated. Printed by Campbell Printing Ltd.